

How our work has helped

Tracey helped me in being able to express my feelings more and not be ashamed of how I am feeling.

I felt listened to and this helped me come to terms with my grief. It was easy for me to get to the location in Wolverhampton, I could ride my bike or walk rather than travel to Birmingham.



Tracey helped my son with his separation anxiety he felt very comfortable with her.

We were able to get to Oldbury, much easier than driving into Birmingham. That really helped, so that my son didn't lose time from school.

I found my wellbeing session really relaxing, it helped remove a lot of tenseness. My wellbeing therapist is such a lovely person, so friendly and encouraging.



Our values

These are the values of Edward's Trust:

Respect

Excellence

Hope

Support

Holistic

Edward's Trust recognises the diverse needs of our families and communities and seeks to offer support in an accessible and inclusive way.

We do not charge for our services to bereaved families but should you wish to make a donation to Edward's Trust, you can do so on our website or by using this QR code



Edward's Trust

Supporting bereaved parents, children and young people in the West Midlands



Bereavement Support in the Black Country

Edward's Trust is a specialist bereavement charity based in Birmingham, providing counselling and holistic support to families in the West Midlands.

The Trust was founded by Peter and Hilary Dent in 1989 in memory of their son, Edward, who died of cancer when he was 7 years old.

Our Services

As part of our outreach support we offer:

- Advice, Information, Support and Training
- Counselling for
 - parents
 - young people
 - children (over 10 years old)
- Wellbeing Support

(Other services are available at our main Edgbaston site)



Who we support in our outreach service

- Parents bereaved of their child – whatever the age or circumstance.
- Children and young people aged between 10 – 24 years who are bereaved of a parent, grandparent, significant carer, sibling or friend.

Dudley

Wolverhampton

Sandwell

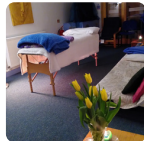
More detailed criteria can be found on our website www.edwardstrust.org.uk/criteria or alternatively contact our bereavement centre. Please note other services are available at our main Edgbaston site.

How to get support

Ways to contact us:

admin@edwardstrust.org.uk
0121 454 1705
www.edwardstrust.org.uk

We will then be in touch to get more details and discuss ways in which we can support you or signpost you to other services if more appropriate.



When to get in touch

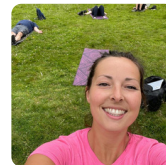
In most cases it is beneficial for a period of at least 8 weeks after the death to have elapsed before seeking counselling, play therapy or wellbeing support from Edward's Trust. However we can offer initial telephone advice and support in the early stages of bereavement.

Why our work is unique

We recognise that all grief is an individual journey and we tailor our support to meet individual needs.

We offer an holistic approach to bereavement support - we support the physical aspects of grief too, offering wellbeing therapies and support.

We are specialised - All our therapists are qualified, experienced in bereavement support and registered with their appropriate professional body.



We recognise that providing our support in the local area means travelling time to appointments is reduced. We work from a choice of locations throughout the Black Country.