SKILLS FOR CARE FUNDED TRAINING

2026 – 2027



FREE to access training support for:

- People who receive a direct payment from health and social care or who self fund (Individual Employers)
- People employed by people who receive a direct payment from health and social care or who self fund

Get in touch with us
training@pathwaysassociates.co.uk

Contact Us: www.pathwaysassociates.co.uk

Mission Statement

"disabled people live the lives they choose as equals in society and their local communities"

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ABOUT SKILLS FOR CARE FUNDING



SKILLS FOR CARE FUNDED TRAINING TO SUPPORT:

- People who receive a Direct Payment from Health or Social Care or who self-Fund (Individual Employers)
- People who are employed to support those receiving a direct payment or self-funding

Meet some of our Trainers



Janice Wycherley
Facilitating Trainer



Anna Fedeczko
Facilitating Trainer



Joanne Kennedy
Expert with lived experience



Mark Shackleton
Expert with lived experience

MORE ABOUT THE TRAINING:

Pathways is a nationally recognised Training Provider, based in the North West.

As a User Led Organisation Pathways have been lucky to secure some grant funding from Skills for Care to support our community access training from a Skills for Care Quality Assured Training Provider with 40 years' experience of supporting our communities.

All our training is coproduced and is co-delivered with experts with lived experience of learning disability or autistic experts.

Our training is mapped against the Frameworks for Learning Disability and Autism and provides underpinning knowledge in relation to Care Standards.

All this training will be delivered via Zoom (except the Oliver McGowan Tier 2 session).

If you want to know more about Skills for Care funding for User Led Organisations User led organisation funding



MOVING FROM OK TO GREAT

Peer Support sessions

A series of six sessions including topics like:

Person-Centred Facilitation – Strengths-Based Practice – Creative Problem-Solving
Collaboration – Empowerment – Emotional Intelligence

Session		Session Information	Booking Link
Session 1	12th of October 1-4	Person-Centred Facilitation: Listening deeply, ensuring each person is the expert in their own life and leads their own planning. Build confidence in coproducing plans into action	https://tinyurl.com/pa-sfc-ok-great-1
Session 2	2nd of November 1-4	Strengths-Based Practice: Focusing on individuals' skills, passions, and community connections, understanding Belonging and Neighbourhood.	https://tinyurl.com/pa-sfc-ok-great-2
Session 3	23rd of November 1-4	Creative Problem-Solving: Enabling flexible, personalised solutions and positive risk-taking, supporting people to try new things and build independence. The sessions will explore positive risk taking	https://tinyurl.com/pa-sfc-ok-great-3
Session 4	7th of December 1-4	Collaboration: Building circles of support and work across agencies, families, and communities to co-produce effective support plans.	https://tinyurl.com/pa-sfc-ok-great-4
Session 5	11th of January 1-4	Empowerment: Providing clear information, build resilience, and support people to make informed choices about their lives and budgets.	https://tinyurl.com/pa-sfc-ok-great-5
Session 6	22nd of February 1-4	Emotional Intelligence: Offering sensitive, responsive support, working at the individual's pace and recognising the emotional impact of change. Our sessions will explore the importance of having difficult conversations	https://tinyurl.com/pa-sfc-ok-great-6

These sessions will be up to 3 hours in length, online via Zoom. You do not need to attend all the sessions but it would be good to build our network of support for each other.

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TRAINING PROGRAM

This page shows the full schedule for our Skills for Care–funded training programme, designed for:

- Individual Employers – people who receive a Direct Payment from Health or Social Care, or who self-fund their care
- Personal Assistants (PAs) – support staff employed by those individual employers

All sessions are **FREE,** but booking is essential. Training is delivered by Pathways CIC, a nationally recognised, user-led training provider with over 40 years of experience.

Session	Date
OMMT Tier 2 — Accrington	Oct 7, 2026
Moving from OK to GREAT	Oct 12, 2026
OMMT Tier 2 — Merseyside	Oct 14, 2026
OMMT Tier 1	Oct 19, 2026
OMMT Tier 2 — Lancaster	Oct 20, 2026
OMMT Tier 2 — Bury	Oct 21, 2026
My Right to Good Mental Health Part 1	Oct 21, 2026
The Mental Capacity Act Principles	Oct 22, 2026
Moving from OK to GREAT	Nov 2, 2026
The Mental Capacity Act in Practice	Nov 5, 2026
Pass It On — Days 1–3	9, 16 & 23 Nov 2026
My Right to Good Mental Health Part 2	Nov 10, 2026
Moving from OK to GREAT	Nov 23, 2026

Session	Date
My Right to be Heard	Nov 19, 2026
Moving from OK to GREAT	Dec 7, 2026
Mental Health and Wellbeing	Dec 8, 2026
Difficult Conversations	Jan 11, 2027
Moving from OK to GREAT	Jan 11, 2027
My Right to be Safe	Jan 14, 2027
OMMT Tier 1	Feb 2, 2027
OMMT Tier 2 — Accrington	Feb 3, 2027
Loss and Seperation	Feb 8, 2027
OMMT Tier 2 — Merseyside	Feb 10, 2027
Friendships and Relationships	Feb 15, 2027
Moving from OK to GREAT	Feb 22, 2027
OMMT Tier 2 — Bury	Feb 24, 2027

All sessions are co-produced and co-delivered by people with lived experience of Learning Disability and Autism. The content is mapped to the Learning Disability and Autism Frameworks, and supports understanding of Care Standards.
Most sessions take place on Zoom, The Oliver McGowan Tier 2 training is delivered in person
See above for the full list of sessions and dates.
Flyers with session details and booking links follow on the next pages.





OLIVER MCGOWAN MANDATORY TRAINING

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T1 WEBINAR

This one-hour workshop is delivered online via Zoom by a team of three expert trainers.

Thanks to funding from Skills for Care, this training is offered completely **free** of charge for

- Individual Employers – people who receive a Direct Payment from Health or Social Care, or who self-fund their care
- Personal Assistants (PAs) – support staff employed by those individual employers

This workshop forms the second part of the Tier 1 training and must be completed after the E-Learning modules. Proof of completion of the E-Learning is required before you will receive the necessary codes to join the session.

Tier 1 of The Oliver McGowan Mandatory Training on Learning Disability and Autism is for people who require general awareness of the support autistic people or people with a learning disability may need. Information about the Tiers can be found in our supplementary information link below.

This course is the Government's recommended training package to support providers to meet the new legal requirement for learning disability and autism training.
Pathways Associates are an approved provider via Crown Commercial Services Learning and Training Dynamic Purchasing System (RM6219) and quality assured by Skills for Care.

THE ONE HOUR T1 TRAINING AIMS TO:

Enhance learners' understanding of learning disabilities and autism, best practice in health and social care settings and understand how this is supported by current legislation.
The Training is co-delivered by trainers who have been approved by NHSE. The delivery team includes a Facilitating Trainer, an Expert with Lived Experience of Learning Disability and an Autistic Expert.

NEXT SESSION DATES - **19 October 2026, 2 February 2027**
TIMES - 10:30am- 11:30am
TO BOOK - Contact training@pathwaysassociates.co.uk

Pathways Associates CIC are an approved training provider of the Oliver McGowan Mandatory Training
Link to Pathways Supplementary Information





OLIVER MCGOWAN MANDATORY TRAINING

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T 2 DELIVERY DAY

This is a full day consisting of a half-day course on learning disability (morning session) and a half-day course on autism (afternoon session).

The training forms the second part of Tier 2 training and must be completed after the E: Learning modules. Evidence of completion of the E: Learning will be required prior to the necessary codes being forwarded to join the event.

Thanks to funding from Skills for Care, this training is offered completely **free** of charge for

- Individual Employers – people who receive a Direct Payment from Health or Social Care, or who self-fund their care
- Personal Assistants (PAs) – support staff employed by those individual employers

The Training is co-delivered by trainers who have been approved by NHSE. The delivery team includes a Facilitating Trainer, an Expert with Lived Experience of Learning Disability and an Autistic Expert

Tier 2 of The Oliver McGowan Mandatory Training on Learning Disability and Autism is for people who may need to provide care and support for autistic people or people with a learning disability.

Location	Date
Accrington	7 October 2026, 3 February 2027
Merseyside	14 October 2026, 10 February 2027
Lancaster	20 October 2026
Bury	21 October 2026, 24 October 2026

TIMES - 9:30am - 4:30pm
TO BOOK - Contact training@pathwaysassociates.co.uk

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Link to Pathways Supplementary Information



OLIVER MCGOWAN MANDATORY TRAINING

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T 2

DELIVERY DAY

THE ONE DAY T2 TRAINING AIMS TO:

- Enhance learners' understanding of learning disabilities, best practice in health and social care settings and understand how this is supported by current legislation. The training will enable learners to:
- Acknowledge and understand unconscious biases to avoid diagnostic overshadowing
- Acknowledge and understand the learnings from the Learning from Lives and Deaths reviews (LeDeR) including co-morbidities
- Stop the overmedication of people with a learning disability (STOMP and STAMP campaigns)
- Understand what reasonable adjustments are and how to make them – review The Equality Act 2010
- Understand when to use The Mental Capacity Act 2005
- Understand when to use and how to apply 'do not attempt cardiovascular resuscitation' (DNACPR)
- Improve communication with a person with a learning disability (and their family)
- Recognise the important role hospital passports and annual health checks play in the care and support of people with a learning disability
- Enhance learners' understanding of autism, best practice in health and social care settings and understand how this is supported by current legislation.

LEARNERS WILL BE ABLE TO:

- Understand why autism is described as an invisible condition
- Reflect on your own values and beliefs
- Recognise potential differences, strengths and challenges for autistic people
- Identify potential triggers for anxiety
- Identify reasonable adjustments and ways to adapt your practice
- Be familiar with legislation and resources for inclusive enabling services

Pathways Associates CIC are an approved training provider of the
Oliver McGowan Mandatory Training
Link to Pathways Supplementary Information

PASS IT ON





This programme consists of three co facilitated sessions, you will need to attend all three, two hour sessions. It will be delivered on Zoom. All trainers have been approved by the Foundation for people with Learning Disabilities.

This training is only available for people with a Learning Disability and Autistic people

LEARNING OUTCOMES:

- Learn all about mental health
- Learn lots of new ways to stay happy and healthy
- Get to meet new people and share ideas and thoughts about how to stay happy and healthy

The programme was developed during the Covid lockdowns but the content and skills are equally appropriate and useful today. If you are a support worker, friend or family member you can share the easy read information about the programme and provide help to register.

WHO SHOULD ATTEND?

Thanks to funding from Skills for Care, this training is offered completely free of charge for:

- Individual Employers – people who receive a Direct Payment from Health or Social Care, or who self-fund their care **and** have a learning disability or autism.

Personal Assistants (PAs) can attend to support delegates.

SESSION DATES – 9th, 16th and 23rd November 2026 – MUST ATTEND ALL 3 SESSIONS
SESSION TIMES – 10:00AM – 12:00PM
TO BOOK – https://tinyurl.com/pa-sfc-pass-it-on
Or contact training@pathwaysassociates.co.uk

MY RIGHT TO BE SAFE





This is a three hour workshop delivered on zoom. It is co-delivered with experts with lived experience of Learning Disability and Autistic experts.The session provides essential information about safeguarding adults.

THIS WORKSHOP WILL:

- Talk about abuse and what to do about it
- Talk about what being safe means to disabled people
- Explore staying safe in relationships
- Discuss what we can do together to support disabled people's right to be safe

WHO SHOULD ATTEND?

Thanks to funding from Skills for Care, this training is offered completely free of charge for

- Individual Employers – people who receive a Direct Payment from Health or Social Care, or who self-fund their care
- Personal Assistants (PAs) – support staff employed by those individual employers

NEXT SESSION DATE - 14th of January 2027 10:00am - 1:00pm
TO BOOK - https://tinyurl.com/pa-sfc-right-safe
Or contact training@pathwaysassociates.co.uk

MY RIGHT TO BE HEARD





This half day workshop delivered on zoom is designed to explore different ways of listening to and communicating with people

PARTICIPANTS WILL BE ABLE TO:

- Understand the importance of working with each person's unique way of communicating
- Understand the importance of listening deeply so people have control over their support
- Demonstrate some simple ways we can support effective communication and positive relationships with people we support
- Understand what co-production is, how we do it and the positive impact it has on our work and people's lives

WHO SHOULD ATTEND?

Thanks to funding from Skills for Care, this training is offered completely free of charge for:

- Individual Employers – people who receive a Direct Payment from Health or Social Care, or who self-fund their care
- Personal Assistants (PAs) – support staff employed by those individual employers

NEXT SESSION DATE – 19th of November 2026 10:00 – 1:00
TO BOOK – https://tinyurl.com/pa-sfc-right-heard
Or contact training@pathwaysassociates.co.uk

THE MENTAL CAPACITY ACT PRINCIPLES





This is a 3 hour workshop delivered on zoom. We will examine the Principles of the Mental Capacity Act and how to provide the support needed for people to make their own decisions.

THIS WORKSHOP INCLUDES:

- An overview of the Mental Capacity Act
- A focus on the Principles of the Mental Capacity Act and applying them to real life situations

WHO SHOULD ATTEND?

Thanks to funding from Skills for Care, this training is offered completely free of charge for

- Individual Employers – people who receive a Direct Payment from Health or Social Care, or who self-fund their care
- Personal Assistants (PAs) – support staff employed by those individual employers

NEXT SESSION DATE – 22nd of October 2026 10:00 – 1:00

TO BOOK – https://tinyurl.com/pa-sfc-mca-principles

Or contact training@pathwaysassociates.co.uk

THE MENTAL CAPACITY ACT IN PRACTICE





This is a 3 hour workshop delivered on zoom.
We will examine how to apply the Mental Capacity Act in practice and how to provide the support needed for people to make their own decisions.

THIS WORKSHOP INCLUDES:

- Putting the Mental Capacity Act into practice
- Upholding Human Rights in Practice and when a best interest meeting is needed
- Exploring safe-guarding in terms of positive risk management/least restrictive practice.

WHO SHOULD ATTEND?

Thanks to funding from Skills for Care, this training is offered completely free of charge for

- Individual Employers that already have an understanding of the principles of the MCA – people who receive a Direct Payment from Health or Social Care, or who self-fund their care
- Personal Assistants (PAs) that already have an understanding of the principles of the MCA – support staff employed by those individual employers

NEXT SESSION DATE – 5th of November 2026 10:00 – 1:00
TO BOOK – https://tinyurl.com/pa-sfc-mca-practice
Or contact training@pathwaysassociates.co.uk

MY RIGHT TO FRIENDSHIPS AND RELATIONSHIPS





This is a three hour workshop delivered on zoom. It is co-delivered with experts with lived experience of Learning Disability and Autistic experts and provides essential information.

THIS WORKSHOP WILL HELP YOU:

- Know the importance of offering people support with their relationships
- Be aware of factors affecting the capacity of people to develop and / or maintain relationships
- Explore how people choose relationships
- Be aware of the social context affecting personal relationships

WHO SHOULD ATTEND?

Thanks to funding from Skills for Care, this training is offered completely free of charge for

- Individual Employers – people who receive a Direct Payment from Health or Social Care, or who self-fund their care
- Personal Assistants (PAs) – support staff employed by those individual employers

NEXT SESSION DATE - 15th of February 2027 10:00 - 1:00
TO BOOK - https://tinyurl.com/pa-sfc-friends-relations
Or contact training@pathwaysassociates.co.uk

LOOKING AFTER OUR MENTAL HEALTH AND WELLBEING



Information and discussion space to examine our Right to Good Mental Health and Wellbeing. Explore practical steps in our work and personal lives to take care of our own mental health.



A SERIES OF 5 SESSIONS COVERING:

Session	Link to booking
My Right to Good Mental Health – Part 1 Introduction to the Mental Health Act & Supporting good mental health	https://tinyurl.com/pa-sfc-mental-health-1
My Right to Good Mental Health – Part 2 Understanding trauma and supporting good mental health	https://tinyurl.com/pa-sfc-mental-health-2
Mental Health and Wellbeing Overcoming compassion fatigue/burnout.	https://tinyurl.com/pa-sfc-mental-wellbeing
Difficult Conversations Exploring when and how having difficult conversations can help us.	https://tinyurl.com/pa-sfc-difficult-talks
Loss and separation Supporting awareness of loss with actions that help.	https://tinyurl.com/pa-sfc-loss-separation

These sessions will be up to 3 hours in length, via Zoom. The sessions will be used to build our network of support for each other. You can choose to attend all or only some of the sessions.

MY RIGHT TO GOOD MENTAL HEALTH – PART 1



This is a three hour workshop delivered on zoom. It is co-delivered with experts with lived experience of Learning Disability and Autistic experts and provides essential information.



THIS WORKSHOP WILL COVER:

- Overview of the Mental Health Act 1983.
- Why mental health needs are often overlooked, undiagnosed and left untreated.
- Common signs/symptoms of poor mental health.

WHO SHOULD ATTEND?

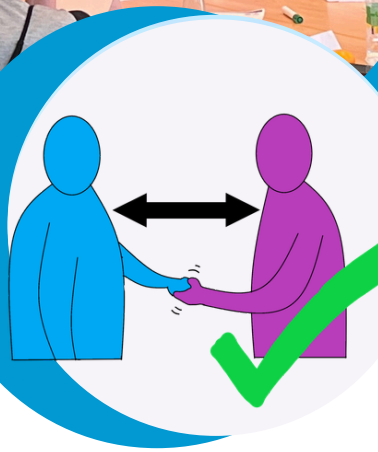
Thanks to funding from Skills for Care, this training is offered completely free of charge for

- Individual Employers – people who receive a Direct Payment from Health or Social Care, or who self-fund their care
- Personal Assistants (PAs) – support staff employed by those individual employers

NEXT SESSION DATE – 21st of October 2026 10:30 – 1:30PM
TO BOOK – https://tinyurl.com/pa-sfc-mental-health-1
Or contact training@pathwaysassociates.co.uk

MY RIGHT TO GOOD MENTAL HEALTH – PART 2





This is a three hour workshop delivered on zoom. It is co-delivered with experts with lived experience of Learning Disability and Autistic experts and provides essential information.

THIS WORKSHOP WILL COVER:

- Insight and understanding of trauma and how this may impact people
- Promoting/supporting people to maintain good mental health and well-being.

WHO SHOULD ATTEND?

Thanks to funding from Skills for Care, this training is offered completely free of charge for

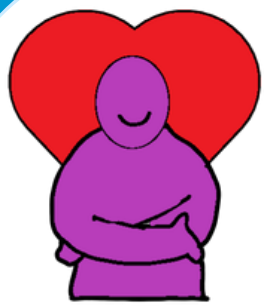
- Individual Employers – people who receive a Direct Payment from Health or Social Care, or who self-fund their care
- Personal Assistants (PAs) – support staff employed by those individual employers

NEXT SESSION DATE – 10th of November 2026 10:30 – 1:30
TO BOOK – https://tinyurl.com/pa-sfc-mental-health-2
Or contact training@pathwaysassociates.co.uk

MENTAL HEALTH AND WELLBEING



This is a three hour workshop delivered on zoom. It is co-delivered with experts with lived experience of Learning Disability and Autistic experts and provides essential information.



THIS WORKSHOP WILL COVER:

- Recovery from difficult situations.
- Staying safe in professional practice
- Understand/reflect on their own resilience and shape resources/tools to build wellbeing

WHO SHOULD ATTEND?

Thanks to funding from Skills for Care, this training is offered completely free of charge for

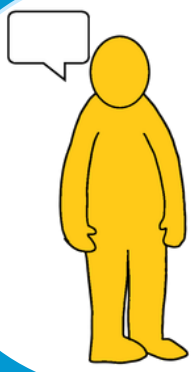
- Individual Employers – people who receive a Direct Payment from Health or Social Care, or who self-fund their care
- Personal Assistants (PAs) – support staff employed by those individual employers

NEXT SESSION DATE - 8th of December 2026 10:30 - 1:30PM
TO BOOK - https://tinyurl.com/pa-sfc-mental-wellbeing
Or contact training@pathwaysassociates.co.uk

DIFFICULT CONVERSATIONS



This is a three hour workshop delivered on zoom. It is co-delivered with experts with lived experience of Learning Disability and Autistic experts and provides essential information.



THIS WORKSHOP WILL COVER:

- Awareness of power in partnerships – how we can work together better?
- Exploring risks - when and how not to have a difficult conversation.
- Exploring when and how having difficult conversations can help us navigate life's transitions, from changes in health or circumstances to problem-solving and finding better solutions.

WHO SHOULD ATTEND?

Thanks to funding from Skills for Care, this training is offered completely free of charge for

- Individual Employers – people who receive a Direct Payment from Health or Social Care, or who self-fund their care
- Personal Assistants (PAs) – support staff employed by those individual employers

NEXT SESSION DATE – 11th of January 2027 10:30 – 1:30PM
TO BOOK – https://tinyurl.com/pa-sfc-difficult-talks
Or contact training@pathwaysassociates.co.uk

LOSS AND SEPARATION





This is a three hour workshop delivered on zoom. It is co-delivered with experts with lived experience of Learning Disability and Autistic experts and provides essential information.

THIS WORKSHOP WILL COVER:

- Supporting awareness of loss by exploring our own attitudes, behaviour and values.
- Recognise the impact of your own loss and separation on the people you support.
- Awareness of the different experiences of loss.
- The importance of meeting loss and separation with understanding and compassion, so we can best support difficult life events.
- Actions that will help reduce the impact of loss.

WHO SHOULD ATTEND?

Thanks to funding from Skills for Care, this training is offered completely free of charge for

- Individual Employers – people who receive a Direct Payment from Health or Social Care, or who self-fund their care
- Personal Assistants (PAs) – support staff employed by those individual employers

NEXT SESSION DATE - 8th of February 2027 10:30 - 1:30PM
TO BOOK - https://tinyurl.com/pa-sfc-loss-separation
Or contact training@pathwaysassociates.co.uk